

TREKKING – SAPA COUNTRYSIDE

SCHEDULE

8:45

- Arrive at the meeting points.
- Start your trek on a dirt trail leading downhill through an authentic village of Black Hmong village. You'll have the opportunity to enjoy spectacular views over rice paddy terraces and cornfields. Visit a cozy ethnic family where you can enjoy a welcome drink and learn many interesting things about their cultures and traditions.



- Afterward, continue your trek along this fabulous valley, passing through bamboo forests. Discover the local daily lives of the Red Dao and Black Hmong, the two largest ethnic groups in Sapa, and explore their traditional handicrafts, such as embroidery, indigo dyeing, and batik painting



- You'll enjoy lunch at a lunch at a local family's home or at a local restaurant.



- In the afternoon, explore traditional herbal medicine bath of the Red Dao tribe. If you'd like to try it, you can take a bath (at your own expense). It's a great way to relax your body after the trek.

- Then, spend some time meeting and talking with the friendly locals, tasting their herbal medicinal drinks, and having fun with the local children. Your ethnic guide will share many fascinating stories about their mysterious customs and legends before returning to Sapa.

- On the way back, there will be stops for some beautiful photo opportunities, and you will arrive in Sapa town in the late afternoon.





TRIP INCLUDES

- Transportation & English speaking tour guide
- Entrance fees in the itinerary
- Lunch & drink
- Mineral water: 500ml/pax

TRIP EXCLUDES

- Personal expenses and services not mentioned above.
- Tip & gratuities for guides and drivers

Kindly note: That, this timing is for REFERENCE only. It may be changed due to weather or other actual conditions, but visiting the sites, activities remain the same. Please check with our sale team for the most convenient starting time.